



HOW TO MAKE A CARCARE PACKAGE

#GIVEBACKNOW #KINDNESSWARRIORS #JFI

BRING THIS WITH YOU IN YOUR CAR AND GIVE IT TO ANYONE YOU SEE IN NEED. USE A STURDY ZIPLOCK BAG, AN OLD BACKPACK OR TOTE BAG, MAKE SURE IT'S STRONG ENOUGH THAT IT WON'T BREAK EASILY AND CAN BE REUSED. THE BEST IS TO OFFER IT WITH A SMILE :)

IDEAS FOR WHAT TO PACK (A FEW FROM EACH CATEGORY IS GREAT!):

TOILETRIES



- wipes
- chapstick
- toothbrush
- toothpaste
- mouthwash
- lotion
- comb or brush
- dry shampoo
- feminine products

FOOD



- protein bars
- soft granola bars
- soft fruits
- fruit or pudding cups
- hot chocolate packs
- bottled water
- trail mix
- instant oatmeal
- juice box or can

CLOTHING



- hats
- gloves
- scarves
- socks
- tshirts (xtra lg)
- underwear (new)
- sweats (xtra lg)
- shoes or boots

EXTRAS



- hot pockets
- bandaids
- cough drops
- mints or gum
- small gift cards
- plastic cutlery
- travel mug
- bus tokens